

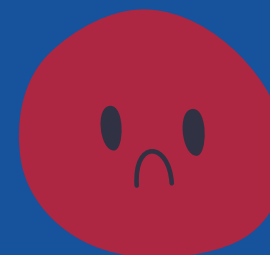


Think...



## strong choice

- Take a break
- Walk away
- Star breathing
- "I feel" message
- Win-win solution
- Talk to an adult



## poor choice

- Hitting
- Calling names
- Screaming