

Information & Consent Sheet

Kids Helpline @ School

This information and consent sheet tells you about the Kids Helpline @ School activities so you can decide if you would like your child/ren, or child/ren in your care, to participate in these activities.

Qualified Kids Helpline @ School counsellors use videoconferencing technology to run education sessions about coping strategies, digital safety and citizenship, emotional literacy, help-seeking behaviours and resilience building. The program is available to all Australian primary schools and is funded by **yourtown** and Bupa Australia. Online sessions are interactive, and topics align with the Australian Primary School Curriculum.

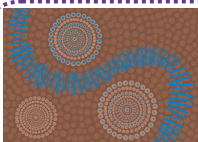
No personal or demographic student data is captured when participating in the sessions or the feedback survey.

A school representative has selected the following sessions for the class to participate in:

- | | | |
|---|--|--|
| <input type="checkbox"/> Apps and Gaming | <input type="checkbox"/> Developing Resilience | <input type="checkbox"/> Peer Pressure |
| <input type="checkbox"/> Balance Your Tech Time | <input type="checkbox"/> Friendship | <input type="checkbox"/> Positive Online Footprint |
| <input type="checkbox"/> Being Kind Online | <input type="checkbox"/> Introduction to Kids Helpline | <input type="checkbox"/> Safety |
| <input type="checkbox"/> Bullying | <input type="checkbox"/> Let's Talk about Emotions | <input type="checkbox"/> Unlock your Inner Leader |
| <input type="checkbox"/> Cyberbullying | <input type="checkbox"/> Online Safety | <input type="checkbox"/> Thinking About Social Media |

For more information about the content of these sessions, please visit:
<https://kidshelpline.com.au/schools/sessions>

To capture student experience of the session, we will ask students to complete a 5 minute survey at the end the session (administered via hardcopy or online). This survey does not capture any personal or demographic data about students. Student feedback (which is anonymous) will be used by **yourtown** to improve the program and reports (e.g., **yourtown** annual report, BUPA Foundation annual update report, or for media releases.



yourtown acknowledges the traditional custodians of country throughout Australia and recognises their continuing connection to the land and their waterways. We pay our respects to them, their culture and their elders, past, present and emerging.

If you **do not** wish your child/child in your care to participate in the above specified Kids Helpline @ School session(s) please sign and return this form to your child's primary teacher.

No action indicates you consent to your child's/child in your care participating in the specified Kids Helpline @ School session(s).

Your name:

Signature:

Date:

If you **do not** wish your child/child in your care to take part in the post session survey please sign and return this form to your child's primary teacher.

No action indicates your child will be provided the opportunity to take part in feedback via a post-session survey. Your child will also be given the opportunity to choose whether they participate. If they decline to participate it will not affect their access or relationship with KAS or other **yourtown** services.

Your name:

Signature:

Date:

Who can I contact for more information about Kids Helpline @ School?

If you have any questions or feedback (positive or negative) about Kids Helpline @ School, please contact:

Kids Helpline @ School Admin (Email: school@kidshelpline.com.au or call 07 3867 1284)
or

yourtown's independent Ethics Committee: (Email: ethicscommittee@yourtown.com.au)